



Through Eagles Eyes

VISION BEYOND SIGHT



Dear Diane,

Whether you are a business owner, an employee or an individual, coaching adds perspective and insight to the choices you make on a minute-by-minute basis.

The more aware you are of your choices, the more often you have the opportunity to choose what you want, rather than what you don't want.

Let us join together to create the successful business and successful life that is within your realm of opportunity!

Tom & Diane

Turmoil or Opportunity? You Choose.



Where is Your Focus ?

We find ourselves in an economic AND social landscape that for most of us is brand new territory. Never in our lives can we remember such a powerful upset in our financial and political institutions as we witness today. Six investment banks with a history of between 70 and 150 years in business have disappeared in the last three months. Worldwide, at least \$15 trillion dollars of capital has evaporated, with the result that companies, banks and even countries have little trust in each others' financial strength and truthful disclosure. This has created a deep freeze in global trade that central banks around the world are hoping to thaw.

The question for us as individuals is....are we going to get caught in the age-old trap of "focusing intensely on what we don't want"? Or can we take the far more effective tack of stating our *positive intent* and then focusing our energy on creating a clear vision, and following through on productive efforts to move us in the direction of that which we want.

Yogi Berra, the New York Yankee ballplayer famous for his word-craft once said, "If you don't know where you are going, you're likely to end up somewhere else." When we focus on what we *don't want*, how effectively can we actually work toward *what we do want?* How clearly, under those circumstances, do we even know what we we want?

There is a great deal of excellent research confirming that functioning in a high state of stress and fear not only is detrimental to our health, it actually shuts down the creative process so important to reaching our goals. Well

known psychiatrist and researcher, Dr. David R. Hawkins has stated, "**Beliefs are the determinants of what one experiences. There are no external 'causes'.**"

Our positive attitude and unwavering optimism at a time like this are essential to our successfully navigating through this difficult situation relatively unscathed. We say "relatively", because this situation will affect us all, our family, friends and associates, in some way. Our outlook will determine to a large part whether some day we can look back on this time as one of growth and learning, or one of hardship and misery.

One of the important benefits of coaching and mentoring, especially now, is that it helps us remain focused, thinking clearly, congruent in our plans and actions to achieve important goals, while meeting inevitable surprises creatively and flexibly. It is critical at this moment to have a person on our team who is not caught up in the day-to-day crises that can, if we aren't careful, distract us from our most important functions. "**Keep your eye on the ball!**" is a particularly critical maxim at this time. Our experience is that these suggestions will be the difference for many between success and failure. An initial consultation with a Through Eagles Eyes' coach is *always* complementary. Take advantage of this offer and add perspective to your life, your attitudes and your focus.



A Coaching Success Story...

Success Story...

We have a client who started working with us last fall. As we do with all clients, we began by asking this person "what do you want"? We had her list all of the things she wanted to do, to have, to be, to achieve, to experience. As we explored these possibilities, she confided...."What I really want is some time off." When pressed to go into a bit more detail about this she said "I've been working for so many years that I'm tired. If I could have anything I wanted I would want to be laid off.....with a 12-month severance package." She added, "....but that will never happen. This company doesn't give 12-month severance packages." As we continued to explore various opportunities for her over the next few months, she marked off a number of items that she accomplished on her "what do you want?" list. Her vision was getting clearer and her confidence grew.

A few months ago this client walked in the door for an appointment and announced "I was laid off today...with a 12-month severance package!" She'll have the holidays off with her family for the first time in many years. AND she has great prospects for her next position.



What if you could create the perfect scenario in just one aspect of your life? What would it look like? What would you do/be/have?

Call for a complimentary coaching session today! It

may be the best gift you've ever given yourself!

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www.ThroughEaglesEyes.com

Upcoming Events

Check out our website for upcoming events and workshops! New events added regularly.

www.througheagleseyes.com/events.htm

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