

Power vs Force



The Difference between

Success and Mediocrity

February 2010

New Coach at Through Eagles Eyes, Inc.



Kathryn E. Mow, Executive and Business Coach, is a valuable member of the team of professionals at Through Eagles Eyes, Inc. Kathy has intensive training in psychotherapy, holding a masters degree in counseling. She has been successful in both the school setting and in private practice, always working to expand her skills in new and creative directions. She gained further expertise in this field by providing mentorship and supervision to graduate students at Indiana University, South Bend.

Executive and Business Coaching is a perfect fit for Kathy where "moving forward" takes precedence over "looking back". Kathy has particular interest in understanding human

Dear Diane,

How we behave and communicate with others has a profound impact on our level of success and happiness. The comparison of the use of power versus the use force couldn't be more important. This newsletter topic will begin to explore this important subject.

Power vs Force

The Difference Between Success and Mediocrity

Diane and I recently had the privilege of addressing the Young Professionals Network, sponsored by the Chamber of Commerce of St. Joseph County, at one of their periodic luncheons. We chose the subject "Power versus Force" for both its importance and because so little is understood about it. Most of us would look at this title, shrug our shoulders and say, "So What!"

Most dictionaries and thesauruses use the words power and force somewhat interchangeably. Why would we make a big deal of two words that have much the same meanings? Looking at these words through a different lens, the contrasts in meaning have profound consequences in our lives, in our effectiveness and in our success.

Let's define these two words in ways that more accurately reflect their meaning in our practical, every-day lives.

FORCE is defined as compulsion, coercion, or brute strength. Force always creates a counter-force. Force polarizes.

POWER is defined as potency, influence, potential, invincibility. Power is complete in and of itself. Power unifies.

One of the basic tendencies we have as humans from a very young age is that we want others to see life, the world and significant events as we do. We want others to match our view of things. We want the confirmation from others that we are **RIGHT** in our view. One might guess that this could be the foundation for many an argument and much conflict, since when we seek to be right, we at the same time must make others **WRONG!**

Quite a different approach, one that has proven profoundly effective, is

behavior and how to be a catalyst for change.

She has advanced training in Thought Field Therapy, Integrative Energy Therapy and Medical Hypnotherapy, protocols designed to eliminate self-limiting blocks in a client's quest toward their full potential. A dynamic presenter, she has facilitated many programs and seminars focusing on personal and professional growth.

Kathy's sincere passion for empowering people, helping them discover their purpose and then realize joy in their life is a vital element of her effectiveness as a coach.

Kathy is a lifelong resident of Northern Indiana, a happily married mother and grandmother.

As an Executive and Business Coach, she facilitates the honest exploration of the professional and personal life a person wants, and the realization of living it. This is a creative and thoroughly worthwhile journey.

exhibited when we create trust, cooperation and understanding with another by having a willingness to see life, the world and significant events through their eyes. This does not imply that we must agree with the other person. We simply confirm that we understand their view, free of judgment and opinion.

Right versus wrong, judgment, opinion and commands are examples of force. The flexibility that accompanies acceptance and understanding, free of prejudice and opinion would be examples of power.

Let's close with just one example of how power actually works in the highly charged environment we call life.

Michael Eisner, when he was CEO of Disney, was informed of a work stoppage during a major expansion of Disney World in Orlando. Some sort of heated labor dispute had occurred.

He asked his staff to find the leader of the construction crew and invite him to Eisner's office. Eisner greeted the man cordially and invited him to sit at his conference table, on which at that moment sat two steaming hot, homemade apple pies.

During the next two hours, Eisner listened, uncovered the heart of the issue, and while the two men eagerly devoured both apple pies completely, they almost effortlessly reached an agreement. The problem had been a simple misunderstanding that escalated when egos got in the way.

The crew chief left promising that work would begin immediately and this resulted simply because Michael Eisner listened to this man, respected his position and showed him consideration.

This is **POWER**.

We'll discuss more about this subject next time.

Quick Links

www.througheagleseyes.com

Join Our Mailing List!

"Discover your true talents. What good is a sundial in the shade?"



Ben Franklin

[Forward email](#)

✉ [SafeUnsubscribe®](#)

This email was sent to dwinn@througheagleseyes.com by dwinn@througheagleseyes.com.
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



